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Newsletter : December 2025

HPLC Testing For Thalassemia



Rotary Club Shimla conducted Free HPLC Testing for Thalassemia at Government College, Sanjauli and B.Ed College, Annadale, where a total of 270 students were tested.

December is observed as Rotary's Disease Prevention and Treatment Month, making this initiative even more meaningful and timely.

HPLC (High-Performance Liquid Chromatography) is an advanced and highly accurate blood test used to measure different types of hemoglobin. It helps identify abnormal hemoglobin variants and determines whether an individual is a Thalassemia carrier. Early detection through HPLC testing plays a crucial role in creating awareness and supporting families in making informed health decisions for the future wellbeing of their children.

All 270 youth tested will now be aware whether they are carriers of Thalassemia or not. This awareness will help prevent the further spread of Thalassemia, as informed individuals can take timely precautions and necessary steps before planning their families.

Committee Chair
Assistant Governor Rtn. Manu Aggarwal

Project Asha Kiran - Providing Artificial Limbs To The Needy



On the occasion of the International Day of Persons with Disabilities, Rotary Club Shimla, under the banner of Asha Kiran, undertook the noble initiative of providing an artificial limb to a needy individual.

Devender, aged about 48 years, a resident of Ganhatti, lost his leg in a tragic road accident. He was the sole breadwinner of his family and earned his livelihood as a taxi driver, but the amputation of his leg below the knee has left him without a source of income. He had been admitted earlier at IGMC, where the procedure was carried out.

Rita, aged about 39 years, a resident of Sirmaur, lost her leg in a domestic kitchen accident. She got burnt while cooking due to dizziness she fell on the stove and suffered severe burns. She had been admitted earlier at IGMC, where her leg from above the knee was amputated.

Dr. Ashwani from Prosthetics (Chandigarh) visited IGMC to take their measurements. The casting process has been completed and within a week, artificial limbs will be fitted, helping them regain mobility and rebuild life.

Rotary Club Shimla would be bearing all expenses of these procedures.

*Committee Chair
PP Rtn. Amit Pal Sood*

Chess Tournament For Children - Chess Patshala

A Project under R.L. Manchanda Endowment Fund



A Chess Tournament was held at the Rotary Town Hall, Shimla for children who had been learning chess under the Rotary Chess Pathshala, a project conducted under the R.L. Manchanda Endowment Fund by PP Rtn. Manmohan Manchanda.

A total of 30 children participated in the tournament, which was conducted in two categories – Under-9 and Under-13. All participants were encouraged and appreciated with certificates and silver medals, while the winners were awarded trophies.

7 awards under each category were awarded to the winners.

Through this tournament, a strong message was imparted far and wide across the Shimla community highlighting the importance of chess as a brain development game that enhances concentration, logical thinking, memory and decision-making skills in children.

Parents and children were served refreshments after the tournament, adding to the warm and encouraging atmosphere of the event.

*Committee Chair
PP Rtn. Manmohan Manchanda*

E - Learning at Sarvodaya Bal Asharam



As an on going initiative, RCS continued to impart E - learning and computer skills to the inmates of Sarvodaya Bal Asharam Shimla.

The RCS lauds the assistance provided in this regard by the members of Rotaract Club Govt. Dental College Shimla.

67th Founders Day Celebrations Of Rotary Club Shimla





The 67th Founders Day of Rotary Club Shimla was celebrated on 19th December with great pomp and show at the Rotary Town Hall.

The occasion witnessed the gracious presence of eminent personalities from the media fraternity and Rotary leadership.

The Chief Guest on the occasion was Sh. Prakash Lohumi, Veteran Journalist and Former Bureau Head, PTI Shimla, while the Guest of Honour was Sh. Ashwani Sharma, Senior Journalist and Former Bureau Head, The Indian Express, Shimla.

The proceedings of the event were efficiently conducted by the Master of Ceremony, Rtn. Raunak Goel. President, Rotary Club Shimla, Rtn. Karan Bamba, presented an insightful overview of the illustrious history of the club along with a detailed presentation of the current service activities and projects being undertaken by the club.

A total of 18 Bureau Chiefs from eminent media houses graced the occasion and were honoured by Rotary Club Shimla with tokens of gratitude, traditional Himachali caps and mufflers, in recognition of their valuable contribution towards strengthening Rotary's public image.

Citations were presented to respective family members in remembrance of Late PP Rtn. Kapil Dev Sood and Late Rtn. SP Bamba .

On the occasion, 16 members of the club who had contributed to The Rotary Foundation last year were recognised as Paul Harris Fellows. PP Rtn. Parikshat Mehdudia and Rtn. Sanjay Sood were honoured for their seniority, while Rtn. Karan Sharma and Rtn. Raunak Goel were recognised for their active involvement and dedication towards club activities.

Club Magazine Pragati- November edition was also launched and appreciated by the Chief Guest.

IPP Rtn. Er. Saurabh Raj Sood was honoured for his noteworthy achievements during the previous Rotary year. The event also marked the formal induction of new member Rtn. B. Shubham Pathak into the Rotary family.

Tokens of appreciation were presented to Assistant Governor Rtn. Manu Aggarwal and Project Chairman PP Rtn. Manmohan Manchanda for their guidance, leadership and dedicated contribution to the club's initiatives. Both the Chief Guest and Guest of Honour shared words of wisdom, appreciating the consistent service efforts and impactful initiatives of Rotary Club Shimla, and were also presented with tokens of appreciation by the President.

The celebrations concluded with refreshments served courtesy Rotary Club Shimla, fostering fellowship and camaraderie among members and guests.

The event reflected the rich legacy, fellowship and service spirit of Rotary Club Shimla as it continues its journey of "Service Above Self."

**Committee Chair
PP Rtn. Manmohan Manchanda**

Cloth Distribution Project



Four large cartons of clothes, generously donated by local citizens at the Rotary Cloth Bank, were distributed to the needy at Anaj Mandi.

A large number of beneficiaries collected warm clothing that will greatly help them cope with the approaching winter months.

Committee Chair PP Rtn. Kanwaljit Singh supervised the distribution.

*Committee Chair
PP Rtn. Kanwaljit Singh*

Cloth Recycling Project



Clothes donated by local citizens at the Rotary Cloth Bank were dispatched to a recycling unit (on 4th Dec 2025 & 31st Dec 2025 for the manufacturing of cloth bags, which will later be distributed to the needy.

This initiative is part of Rotary Club Shimla's ongoing commitment to sustainability and community welfare.

A total of 13 cartons of donated clothes, weighing 430 kg, were sent from Rotary Townhall for processing.

*Committee Chair
PP Rtn. Ajit Butail*

Fund Raiser Event for Supporting Cancer Patients



A fund-raiser event sponsored by Rotary Club Shimla was held at the Amphitheatre, The Ridge, Mall Road, Shimla. Zumba artists from Nikki Arts performed energetic routines to various popular songs, attracting a huge public gathering.

The event was graced by the Hon'ble Mayor of Shimla, Sh. Surender Chauhan, whose presence added dignity to the occasion. All proceeds from the event shall be utilised for the treatment and support of cancer patients.

Providing Of Financial Assistance



RCS gave financial assistance to Alam, a labourer residing in Idgah Colony near Lakkar Bazar, who earned his livelihood as a daily wage worker engaged in furniture polishing. He suffered a serious accident when he fell from a building while working, resulting in multiple injuries, leading to a brain haemorrhage.

The club extended financial support of Rs.5,000/- to aid in Alam's immediate medical procedures.

Club Treasurer PP Rtn. Sachin Verma handed over the cheque to Alam's brother, ensuring timely help reached the family.

Pulse Polio Abhiyan



As per directions from the Office of the Chief Medical Officer, District Shimla, the Pulse Polio Abhiyan (NID) was conducted.

During the campaign, two drops of Oral Polio Vaccine were administered to 40 children aged 0–5 years, contributing towards the district target of covering nearly 60,000 children.

Rotary Club Shimla, in association with the Inner Wheel Club, successfully conducted the Pulse Polio Programme at the Rotary–Inner Wheel Vocational Centre.

VP Rtn. Amit Pal Sood was present during the camp.

The programme was carried out smoothly with active cooperation, reinforcing our collective commitment towards sustaining a polio-free India.

Milk Langar



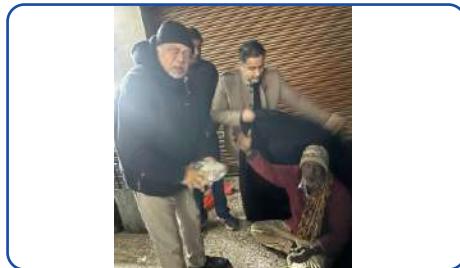
Rotary Club Shimla humbly paid tribute to honor the martyrdom of Chaar Sahibzaade during the Shahidi Week.

Upholding the Rotary ideal of Service Above Self, Rotary Club Shimla undertook this seva by serving hot boiled milk to the sangat and the general public from 18th to 27th December at Gurdwara Guru Singh Sabha, Old Bus Stand, in commemoration of the martyrdom of the Chaar Sahibzaade.

With the blessings of the Almighty, a total of 830 kg of hot milk was served during this period.

**Committee Chair
PP Rtn. Ashish Malhotra**

Blankets Distribution To The Poor On Streets



Rotary Club Shimla becomes a Santa for the Poor on Christmas Night

On the occasion of Christmas Day, Rotary Club Shimla undertook a drive-through service project to provide warmth and relief to the underprivileged during the harsh winter nights prevailing in the town.

During the late evening hours, Rotary members identified and assisted poor families, little children, aged street hawkers, physically challenged poor on the streets, BPL attendants of patients, and other vulnerable individuals who were struggling to cope with the biting cold. Blankets were distributed to help them spend the chilly night with dignity and comfort.

The service drive was conducted across various locations including the Old Railway Shelter, Old Bus Stand, Panchayat Bhawan, a construction site opposite IGMC Medical College and the Emergency Ward of IGMC, ensuring that help reached those most in need. The blankets were provided courtesy PP. Rtn. Ajit Butail.

Through this humanitarian initiative, Rotary Club Shimla once again demonstrated its unwavering commitment to Service Above Self, spreading warmth, compassion, and the true spirit of Christmas among the marginalized sections of society.

*Committee Chair
PP Rtn. Ajeet Butail*

Water Tank Donation



Based on the request received from Government Primary School, Tutikandi, Rotary Club Shimla donated a 500-litre water tank to help address the acute water shortage being faced by the school.

The water tank was generously provided courtesy Rtn. Ravi Lal.

PROJECTS EXCLUSIVELY LED BY ROTARY PARTNERS

Rtn. SHALINI PRAKASH
DG Partner

SONAL AGGARWAL
AG Partner

Rtn. ANKITA BAMBA
President Partner

SHIVANI SAUHTA
Secretary Partner

DONATION OF HEIGHT MEASUREMENT APPARATUS

Rotary Co-Pilots of Rotary Club Shimla Donated a Height Measurement Apparatus at Govt. Primary School, Taradevi



Responding to a request from the School Principal, Rotary Club Shimla donated a height measurement apparatus to the Government Primary School, Taradevi.

The initiative aims to promote regular health and growth monitoring among young students as part of Rotary's ongoing efforts toward child health and education.



PLASTIC WASTE REDUCTION-THE MILK BAG PROJECT

Rotary Co-Pilots of Rotary Club Shimla continued the MILK BAG project in the 6th running month by collecting a total of 1500 washed and dried milk bags from various households and handed over to MC Shimla and thereby preserving the environment and making each house plastic free.



Under the banner of Pink Ribbon Rotary partners of Rotary Club Shimla successfully conducted a Breast Cancer Awareness Talk at Modern Nursing and B.Ed College, Annadale.

The session was attended by more than 200 Nursing and B.Ed students, including both boys and girls, as awareness is essential for everyone.

The session was led by Dr. Mrinalini Upadhyay Cancer Specialist at IGMC.

As future educators and healthcare professionals, these students form the first line of influence in spreading correct information and guiding others toward early detection and prevention.

During the session, the "Dear You" app was also introduced to the students, encouraging them to access reliable information and support related to breast health.

PROJECTS EXCLUSIVELY LED BY ROTARY PARTNERS

RYLA Empower



Rotary Partners of Rotary club Shimla conducted a half day RYLA Empower, in collaboration with Nikki Arts, today at YWCA, Shimla.

The programme focused on the holistic development of children through multiple activities:

Yoga to enhance concentration, physical well-being, and emotional balance.

Art & Craft to promote creativity, imagination, and fine motor skills.

Dance to build confidence, coordination, and physical fitness.

English Communication to improve language skills and encourage confident self-expression.

The session was engaging and impactful, providing children with a positive learning experience that supported their overall growth and confidence.

Medals were given to first three in each category, RYLA certificates, chips, chocolates and juices were given to each participants to encourage them.

PROJECTS EXCLUSIVELY LED BY ROTARY PARTNERS

AIR POLLUTION AWARENESS & CLEANLINESS DRIVE



To promote clean surroundings and healthy living, the Rotary Partners of the Rotary Club Shimla organized an Air Pollution Awareness and Cleanliness Drive at Senior Secondary School, Annadale on 20th December.

The initiative focused on creating awareness about the link between cleanliness and clean air. Students were encouraged to maintain hygiene in their surroundings, avoid littering, and understand how dust, garbage, and improper waste disposal contribute to air pollution.

Through interaction and active participation, students learned simple habits such as proper waste management, planting trees, and adopting eco-friendly practices in daily life. The drive aimed to instill a sense of responsibility among students and motivate them to contribute towards a cleaner and healthier environment.

This initiative successfully promoted awareness, teamwork, and environmental responsibility among young minds.

ROTARIAN OF THE MONTH



Rtn. RAJAT KAPOOR

DISTRICT AWARDS FOR ROTARY YEAR 2025-26

July 2025



August 2025



September 2025



DISTRICT AWARDS FOR ROTARY YEAR 2025-26

October 2025



November 2025



BIRTHDAY & ANNIVERSARY GREETINGS

*Rotary Club Shimla wishes all members
who celebrated their Birthdays & Anniversaries in the Month*

Happy Birthday

Rtn. Jasvinder Sachdeva
Rtn. Sumit Sood
Rtn. Sidharth Sood
Rtn. Sanjiv Goel

Rtn. Karan Bamba
PP Rtn. Atul Tangri
Rtn. Prince Kukreja

Happy Anniversary

Rtn. Achla Sharma & Mukesh Kumar Sharma
PP Rtn. K.K. Khanna & Manju Khanna
Rtn. Kuldip Butail & Yamini Butail
PP Rtn. Padam Chand Sud & Meenu Sud
Rtn. Subhash Ahuja & Sudesh Ahuja
PP Rtn. Dr. Deepak Sood & Anita Sood
PP Rtn. Raj Kumar Khosla & Sneh Khosla
Rtn. Amit Arora & Abu Arora



ROTARY KNOWLEDGE CORNER

Rotary Trivia Questions:



Question: Which legislative body meets every 3 years to amend Rotary's rules and constitution?

Answer: *Council on legislation (COL)*

Question: Which RC built a " Laughing Yoga Park"?

Answer: *RC Mumbai*

Question: What unusual item was once given to every Rotary convention attendee in the early 1920's?

Answer: *A Rotary branded cigar*

Question: Where was the 1st Rotary Pin Manufactured?

Answer: *A Chicago jeweller and a watch repairer created early pins manually*

Question: Rotary's archives contains a signed letter from which famous scientist ?

Answer: *Albert Einstein*

Question: World's 1st RC formed entirely by women ?

Answer: *RC Ahmedabad.*



Winners:
PP Rtn Sachin Verma,
IPP Rtn. Er. Saurabh Raj Sood.

Rotary
Club Shimla



We are Rotary Club Shimla Family